

**Professor Sir Kenneth Calman's book list from his talk on "Happiness" given to the Royal Philosophical Society of Glasgow 18<sup>th</sup> November 2015**

**Kenneth Calman** , 2014. *A Doctor's Line: Prescriptions for Health and Healing*  
Sandstone Press Ltd

**Robert Macfarlane's**, 2012. *The Old Ways: a Journey on Foot*, Penguin

**Paul Tillich** , 2014. *Courage to Be*, Yale University Press; 3rd Revised edition.

**Martin Buber**, 2000. *I and Thou*. Simon & Schuster

**Oliver Wendell Holmes, Sr.**,\_1858. *The Autocrat of the Breakfast-Table*. A collection of essays. <http://www.eldritchpress.org/owh/abt.html>

**Walter Scott, 1818.** *Heart of Midlothian*

**Andrew Carnegie** , *The Gospel of Wealth* 1818  
<https://www.swarthmore.edu/SocSci/rbannis1/AIH19th/Carnegie.html>

**Adam Smith**, 1790. *A theory of Moral Sentiments*. Available online

**Robert Owen**, 1816. *A new view of Society, Second Essay*.  
<https://www.marxists.org/reference/subject/economics/owen/>

**Carol Craig**, 2003. *The Scots' Crisis of Confidence*. Argyll Publishing; 2nd Revised edition 2011

**Norman Drummond**, 2015 *Step Back: Why you need to stop what you're doing to really start living*, Hodder and Stoughton

**Samuel Smiles**, 1845. *Self Help*. CreateSpace Independent Publishing Platform, 2015

**William Osler**. Writings including *A Way of Life*.  
<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC200368/>